

HOLDFAST BAY CROQUET CLUB

KEEPING IN TOUCH

JULY, 2023



Hi Folks,

All the best to the many members on the sick list. Hope on the improve and all better soon.

Thank you to all who attended the AGM.

Rae has kindly donated a fridge for the croquet club rooms. So if required and/or would prefer to use our club rooms instead of the kitchen/dining room area for tea, coffee and a chat please do so.

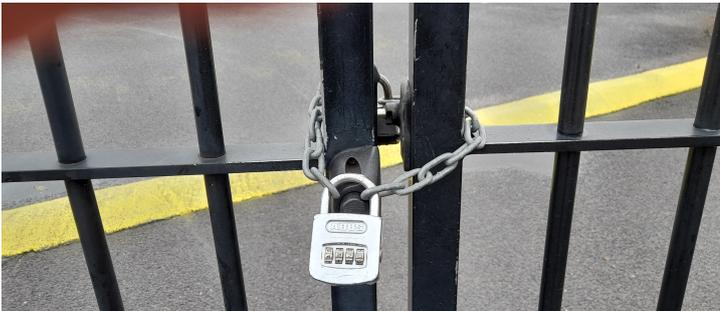
Hi all,

If you arrive to play croquet and the gate is locked the combination number is 1926.

After play if croquet players are the only people at the club on any day then they must also lock the gate as in the photo.

The only car that should be in the car park when someone locks up is the Bowls S.A silver 4WD that is always parked outside the croquet room.

Cheers Colin.



PENNANTS

So far we have 5 players listed for Monday 24+.

6 players listed for 9+ Thursday afternoon.

However we only have 3 players listed for 12+ Wednesday.

We need a few more players, please let me know if you can play pennants. Your Club needs you!

Club Captain Janis Sala



RAE'S BIRTHDAY

Sixteen members utilised the fine winter weather this morning, Wednesday 12 July, to have some exciting games of Croquet. After we all celebrated Rae's 80th birthday with a coffee and cake in the clubrooms.



Well done Rae and Congratulations

Keep well, keep smiling and keep croqueting

Cheers,

Marg



CROQUET COACHING

Once the weather becomes finer for playing croquet, I will be conducting croquet coaching clinics again.

We will only be having coaching one day a month and at this time I intend to conduct the clinics on the first Wednesday of the month.

If I am unable to attend on the first Wednesday of the month then I will advise members on which Wednesday it will be conducted.

I trust that members will avail themselves of this coaching opportunity.

The first clinic will be held on 2nd August 2023.

If you have any particular aspects of the game that you wish to raise, either rules or playing options please let me know and I will try and address those issues.

I have also attached some tips on the basics of croquet which as players we must always keep in mind.

Thanks
Roger Zeuner

BECOME A BETTER CROQUET PLAYER CROQUET TIPS TO ASSIST.

Successful Croquet Players maintain a routine which they practice and use when taking every shot. It is recommended that you adopt the following routine for success.

The 5 “S’s” of Successful Croquet

STALK

Before you play your shot, start two or three metres behind the ball, and walk forward to it, keeping your eye on the line you want the ball to go. Do this before each shot. This is called ‘stalking’.

STANCE:

Place the mallet just behind the ball. Put your feet behind the back of the mallet, one on each side, with the right foot slightly behind the left. Have your feet pointing in the direction you want the ball to go.

SWING SLOWLY BACK:

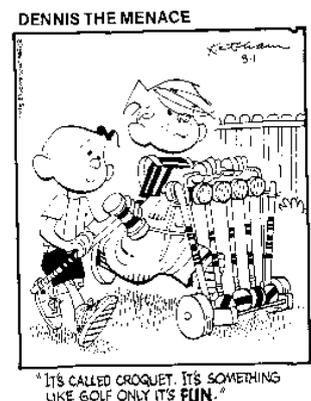
Swing the mallet slowly back between the legs and let the mallet start its downward swing without any manual force. Swing from the shoulders.

STAY DOWN:

Keep your head still, and your eyes fixed on the back of the ball until you make contact.

SWEEP THROUGH:

As you sweep the mallet through, try to keep the mallet head parallel to the ground for some 8-10 cms. To do this, you have to allow the arms to swing from the shoulder.



A simplified version could be :-

- ◆ Grasp the mallet quite firmly;

- ◆ Place the mallet head a little behind the ball;

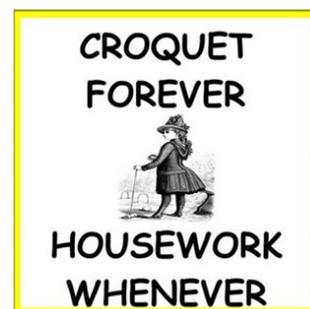
- ◆ Eyes looking down on the ball at a point along the line of swing -this will usually be at the back or centre of the ball;

- ◆ Keep the body as still as possible;

- ◆ Make a smooth, straight, rhythmic swing both backwards and forwards, hitting the ball at the bottom of the swing;

- ◆ Do not lift the head;

- ◆ Follow through with the mallet.



Roger Zeuner